Jumpstart Infant Enrichment Center Specializing in Infant Care from 6 weeks thru 2 years "let us baby your baby"



JUMPSTART INFANT ENRICHMENT CENTER OFFERS PARENTS EXTRA PEACE OF MIND WITH REAL-TIME UPDATES OF YOUR BABY'S DAY!



www.jumpstartinfant.com
5777 NW 151st Street
Miami Lakes FL 33014
DCF LICENSE #C11MD2901
786.332.3338 Main Office Infant
305-826.0555 Main Office Child
786-797-0020 Christina Montoto, Owner Cellular
jumpstartchristi@hotmail.com

Child Care Application for Enrollment (ALL AREAS MUST BE COMPLETED)

Student Information:							
Date of Birth:/ Gender:MF Date of Enrollment:/							
Full Name:							
Full Name:	Last	First		Middle			Nickname
Child's Address:							
	Street Address			City			Zip Code
Custodial Parent/L	egal Guardian Drive	er's License #:			_	State Iss	ued
A copy of your	child's Birth C	<u>ertificate MUST</u>	<u>Ր b</u>	<u>e provided u</u> j	on en	<u>rollment.</u>	
Schedule	Monday	Tuesday		Wednesday	<mark>Th</mark>	<mark>ursday</mark>	<mark>Friday</mark>
Drop Off Time:							
Pick Up Time:							
Custodial Parent/Legal Guardian Information:							
Attendance Code				Attendance Code	;		
Mother's Name				Father's Name			
Cell Phone #				Cell Phone #			
Home Phone #			Home Phone #				
Employer Name			Employer Name				
Employer Address			Employer Address				
Work Phone #							
Email Address				Email Address			
Mother's Address if Different Than Child Different Than Child Different Than Child							
Different Than Child	1			Different Than C	nna		

Medical Information:

Child Lives with: Mother Father Both Other:

NOTEANY FOOD ALLERGIES OR SPECIAL DIETARY NEEDS MUST BE DOCUMENTED ON THE SPECIAL DIETARY NEEDS FORM AS REQUIRED BY THE FLORIDA DEPARTMENT OF HEALTH AND THE CHILDCARE FOOD PROGRAM. FULLY EXECUTED COPY OF SPECIAL DIETARY NEEDS FORM SHALL BE KEPT ON FILE FOR THE DURATION OF CHILD'S ENROLLMENT. ANY UPDATES TO THIS FORM IS THE RESPOSIBILITY OF THE PARENT/LEGAL GUARDIAN. ADMINISTRATION MUST BE UPDATED IN WRITING ACCORDINGLY AT ALL TIMES OF ANY CHANGES IN DIETARY NEEDS.

(provide complete information)

MEDICAL CONTACT INFO	ORMATION:			
Doctor:	Address:		Phone #:	
Doctor:	Address:		Phone #:	
Dentist:	Address:		Phone #:	
Hospital Preference:				
Please list allergies, special	l medical or dietary needs,	, or any other are	as of	
concern:				
I hereby grant permission for the standard care if necessary.	aff of Jumpstart Infant Enrichment	t Center to contact the f	following medical personnel to obtain eme	rgency
Custodial Parent/Legal Guardian Pl	ERMISSION to seek Medical Atte	ention Initials:	(initials)	
Custodial Parent/Legal Guardian R			(initials)	
Birth Certificate On File:	Yes	No		
Additional Contacts	:			
The child will be released '	"ONLY" to the custodial r	oarent or legal gu	ardian over the age of 18 in add	ition to
			ted and are authorized to remov	
			some reason the custodial paren	
legal guardian cannot be r	<mark>eached:</mark> (USE BACK OF 1	PAGE FOR ADD	ITIONAL EMERGENCY	
CONTACTS)				
Name	Cell #	Work#	Relationship	
Name	Cell #	Work#	Relationship	
			•	
Custody: Mother:	Father Shared Botl	h Other:		
· ·	ditional contacts added to the		under "Additional Contacts", BOT	CH
parents/legal guardian(s) MU	ST agree on the additional co	ontacts IN WRITIN	<mark>G listed on the Enrollment Form o</mark>	therwise
			up from Jumpstart Infant Enrichm	
Center, JUMPSTART INFANT ENRICHMENT CENTER NEEDS TO KNOW AT ALL TIMES WHERE ALL				
EMERGENCY CONTACTS MAY BE REACHED. IT IS THE RESPONSIBILITY OF THE CUSTODIAL				
PARENT/LEGAL GUARDIAN TO ADVISE ADMINISTRATION IN WRITING OF ANY EMERGENCY CONTACT INFORMATION UPDATES OR CHANGES AT ALL TIMES. IN THE EVENT AN EMERGENCY ARISES AND				
EMERGENCY CONTACTS LISTED CANNOT BE REACHED LOCAL AUTHORITIES WILL BE CONTACTED				
ACCORDINGLY AT THE D	ISCRETION OF ADMINIST	TRATION.		
NOTE: IF CUSTODIAL PARENTS/LEGAL GUARDIAN(S) HAVE A CHILD CUSTODY AGREEEMENT IN PLACE,				
JUMPSTART INFANT ENR	ICHMENT CENTER MUS	ST BE PROVIDED	WITH A CURRENT RECORDE	D
COURT COPY OF ANY CUSTODY AGREEMENT IN PLACE AS IT PERTAINS TO THE HOURS THE CHILD IS				
IN THE CARE OF JUMPSTART INFANT ENRICHMENT CENTER IN ADDITION TO THE DROP OFF AND PICK				
UP TIMES/DAYS OF EACH PARENT MUST BE OUTLINED ACCORDINGLY, CHILD WILL NOT BE RELEASED				
TO PARENT IF PARENT IS IN VIOLATION OF OUTLINED DAYS AND TIMES OF DROP OFF/PICK UP				
WITHOUT PRIOR WRITTEN NOTICE FROM COURT.				
WITHOUT I RIOK WRITTE				
	EN NOTICE FROM COURT			
Referred by:	How did you hear			
	How did you hear			

Section 65C-22.006(2), F.A.C., Requires a current physical examination (Form 3040) and immunization record (Form 680 or 681) within 30 days of enrollment.

Section 402.3125(5), F.S., requires that parent/legal guardian receive a copy of the Child Care Facility Brochure, <u>"KNOW YOUR CHILD CARE CENTER".</u>

SECTION 65C-22.006(4) (C) 2. F.A.C., requires that parents are notified in writing of the disciplinary practices used by the child care facility.

Reasonable accommodations will be provided for qualified children with disabilities upon request, as specified under the Americans with Disabilities Act. Americans with Disabilities Act discrimination issues should be referred to: OFFICE ON THE ADA CIVIL RIGHTS DIVISION, US DEPT OF JUSTICE, PO BOX 66738, WASHINGTON DC 20035- 9998, (202) 514-0301.

By signing below, you acknowledge that you have received all items and information as indicated and that all information on this enrollment form is complete and accurate.

By signing below, you acknowledge and acce Center Application for Enrollment and Jum available on our website www.jumpstartinfa	ostart Infant Enri				
PRINT Custodial Parent or Legal Guardian Name		Date			
SIGNATURE of Custodial Parent or Legal C	Guardian	Date			
	Child's Hea	lth Histo	ry		
Child's Full Name:		Date of	f Birth:_	Ma	le Female
Please answer the following questions in order to assist the staff members of Jumpstart Infant Enrichment Center to become more effective caretakers while your child is under our care:					
Diapering/Toileting Needs:				Please circle al	l that apply
Which of the following does your child cur	rently use?				
Disposable Diapers	Pull Ups		Underw	vear	Other
Has your child begun toilet training?	Yes	No			
Does your child get diaper rashes often?	Yes	No			
Sleeping Habits:				Please circle al	l that apply
How does your child sleep?			Light	Heavy	Restless
 How does your child wake up? 			Нарру	Crying	Ţ,
 What time does your child wake u 	•			a.m	p.m.
 What time does your child go to s 				p.m.	
What time does your child take a :	*			a.m.	p.m.
Nutrition: Please indicate any special fee		r child ma	-	Please circle al	l that apply
Does your child drink from a bott			Yes	No	
Does your child drink from a sipp Nutrition Plants in the day of the property of the pro	· · · · · · · · · · · · · · · · · · ·	akild a	Yes	No	1 4 h a 4 a a a a l a .
Nutrition: Please indicate any special fee		ir chiid ma	-	Please circle al	i tnat apply
Does your child drink from a reguDoes your child feed themselves?	nar cup?		Yes Yes	No No	
boes your child feed themserves:			105	110	
What type of food does your child eat?					
Strained Jar Food	Table Food		Other_		(be specific)
			•		
Current feeding schedule: (INFANTS UN					
Breakfast:					
Lunch:Snack(s):					
• Dinner:					 -
General Health:					
Does your child take any over the counter in	medication/presc	ription med	dication o	on a daily basis?_	
Does your child have any food or environmental allergies?					
How do you consider your child's physical development?					
Social Emotional Development:					
Does your child use a pacifier, thumb or any other security object?					
Does your child use specific words for objects or people?					
Is there any additional information Jumpstart Infant Enrichment Center should know about your child that is not listed above?					

Jumpstart Infant Enrichment Center Policies and Procedures

Jumpstart Infant Enrichment Center Parent Manual:

Due to on-going changes in Federal, State and Local regulations, laws and human resources best practices, the Parent Manual is subject to change at any time at the discretion of the School Administration. All updates/revisions will be made accordingly and uploaded to the website @ www.jumpstartinfant.com

Parents/Legal Guardian(s) will be advised of any updates via remind.com

It is the responsibility of the parent/legal guardian to be aware at all times of any/all updates/revisions made to the Policies and Procedures throughout the duration of child's enrollment in Jumpstart Infant Enrichment Center.

All forms and documents are currently available on our website @ www.jumpstartinfant.com.

Jumpstart Infant Enrichment Center Open Door Policy:

Jumpstart has an open door policy where the Parents/Legal Guardians are encouraged to stop in and participate in daily activities. Parents are able to freely enter the school at any time and without an appointment. Our high quality Enrichment Programs and extra attention paid to each child's individual developmental and educational needs along with an environment conducive to social development and early childhood education is what makes Jumpstart the right choice for your early child educational needs.

However, there a few guidelines we all need to follow to ensure a safe environment for all of the children:

- Parents/Legal Guardians are able to freely enter the school at any time without an appointment
- **ONLY Custodial Parents/Legal Guardians** of the enrolled child are permitted within the classroom for an extended amount of time NO EXCEPTIONS. Any other Family Member MUST OBTAIN ACCESS RIGHTS from Jumpstart Administration (TIME NOT TO EXCEED 15 MINS)
- ❖ For the Health and Safety for all enrolled children and to further prevent unforeseen injuries/illness to our smaller children, especially the babies that are crawling, ONLY one parent/legal guardian per child is permitted for an extended amount of time in the classroom unless an Extra Curricular Activity is taking place (i.e. Holiday Event or Birthday Party)
- ❖ NO OUTSIDE Independent Consultants are permitted inside the classrooms at any time without written consent authorized by Jumpstart Infant Enrichment Center Administration NO EXCEPTIONS. All outside consultants/vendors MUST provide a current FDLE Background Check

Code of Conduct:

Jumpstart Infant Enrichment Center is committed to helping children develop to their fullest potential; every individual who enters our door is required to treat all others and their property in a positive and respectful manner. Jumpstart Infant Enrichment Center shall not permit, practice, or inflict any form of physical punishment, verbal or emotional abuse, or denial of physical necessities for any child in attendance. Reporting requirements for suspected abuse or neglect of any child while in the care of a childcare facility is the responsibility of each staff member and required by the Florida Department of Children and Families and the State of Florida.

Jumpstart Infant Enrichment Center reserves the right as a PRIVATE facility at the discretion of the administration to have any child or adult expelled/removed from the facility at any time with or without cause.

SICK POLICY:

If your child displays ANY Flu-like/COVID-19 Symptoms including but not limited to fever (low grade/high grade), sore throat, cough, yellow or green mucus discharge from nose or eyes, headache, vomiting, diarrhea, rash/hives or has ANY OTHER contagious viral infection such as pink eye, hand-foot-mouth disease, ringworm/fungal infection etc... Child may not attend until an Authorization to Return to School from your child's doctor is received by Jumpstart Administration.

If your child becomes ill while in the care of Jumpstart parent/legal guardian will be contacted immediately and child will be separated from his/her classroom until parent/legal guardian arrives to pick child up. Child WILL NOT be released to anyone that is not on the Emergency Contact list, NO EXCEPTIONS.

ADDITIONAL INFORMATION:

- ➢ ONE TIME REGISTRATION FEE \$300, MATERIAL FEE \$300, AND FIRST WEEK OF TUITION IS DUE UPON ENROLLMENT. ALL ENROLLMENT FEES ARE NON-REFUNDABLE.
- > REGISTRATION FEE OF \$300 IS REQUIRED TO BE PLACED ON THE WAITING LIST IN THE EVENT THAT THERE IS NOT AN OPEN SPACE FOR CHILD. PARENT WILL BE CALLED IN ORDER FOR NEXT AVAILABLE SPACE FOR CHILD'S AGE GROUP. ALL REGISTRATION FEES ARE NON-REFUNDABLE,
- > ALL TUITION RATES INCLUDE BREAKFAST, LUNCH, AN AFTERNOON SNACK, ACCESS TO THE WEB-CAMERA SERVICE AND ACCESS TO 'BRIGHTWHEEL"
- > TUITION IS DUE ON A WEEKLY (TUESDAY) BASIS REGARDLESS OF THE AMOUNT OF HOURS YOUR CHILD ATTENDS WEEKLY. CHILD IS ELIGIBLE FOR ONE WEEK VACATION TIME AFTER ONE YEAR OF CONTINUOUS ENROLLMENT; THIS IS THE ONLY TIME YOU ARE NOT RESPONSIBLE FOR TUITION WHILE YOUR CHILD IS ENROLLED IN JUMPSTART INFANT ENRICHMENT CENTER
- > JUMPSTART ENRICHMENT CENTERS FOLLOW ALL <u>REQUIRED</u> CDC GUIDELINES AS THEY PERTAIN TO COVID-19 IN ADDITION TO ALL OTHER HEALTH & SAFETY GUIDELINES SET FORTH BY ALL LOCAL, STATE AND FEDERAL GOVERNING AGENCIES
- > IF CHILD PARTICIPATES IN THE ELC SCHOOL READINESS PROGRAM PARENT WILL BE RESPONSIBLE FOR ANY/ALL TUITION RATES, FEES, EXTRA CURRICULAR ACTIVITIES, ETC. NOT COVERED BY THE SCHOOL READINESS PROGRAM. CHILDREN ENROLLED IN THE SCHOOL RADINESS PROGRAM ARE NOT ELIGIBLE FOR VACATION TIME AT ANY TIME. PLEASE REFER TO THE ELC GUIDELINES FOR ALL INFORMATION AS IT PERTAINS TO THE SCHOOL READINESS PROGRAM PRIOR TO ENROLLINMG YOUR CHILD IN JUMPSTART CHILD ENRICHMENT CENTER. THIS CENTER IS CLOSELY MONITORED BY THE EARLY LEARNING COALITION FOR COMPLIANE OF ALL PROGRAM RULES AND REGULATIONS.

WEB-CAM ACCESS:

Jumpstart Infant Enrichment Center Offers Parents Web-Camera Access Through Super Live Plus

WEB-CAMERA ACCESS IF FOR PARENTS ONLY. CAMERA ACCESS IS TO BE USED ONLY WHEN CHILD IS IN THE CARE OF JUMPSTART INFANT ENRICHMENT CENTER MONDAY THRU FRIDAY 6:30-6:30. JUMPSTART INFANT ENRICHMENT CENTER CLOSELY MONITORS THE WEB-CAMERA ACCESS AND RESERVES THE RIGHT TO REVOKE ACCESS FOR MIS-USE OF THE WEB-CAMERA SERVICE AT ANY TIME.

If you have any questions or need any assistance, please see Christina, Owner or Olga, Director in the main office.

Thank you for your continued support and cooperation as we continually endeavor to provide the highest quality of care for your child.

Jumpstart Child Enrichment Center Administration

Date:

Jumpstart Infant Enrichment Center Policies & Procedures Compliance Parent Manual

Dear Custodial Parent(s)/Legal Guardian(s): of	(Child's Full Name)
Please take the time to visit our website @ www.jumpstartinfant.com a Procedures located within the Parent Manual.	and read the current Policies and
I (Custodial Parent/Legal Guard agree to comply and adhere with the policies and procedures set forth to Center. I understand that failure to comply with these policies and prodiscontinuation of childcare services at the discretion of Administration	cedures may result in
By signing below you acknowledge and accept all terms and condition Enrichment Center Application for Enrollment and Preschool Parent M website @ www.jumpstartinfant.com	
NOTE: POLICIES AND PROCEDURES are subject to chang Administration. All revisions will be updated accordingly and indicated above. All Custodial Parents/Legal Guardians will be through the "BRIGHTWHEEL" application. It is the responsibility of the Custodial Parent/Legal Guardian updates/revisions made to the Policies and Procedures through enrollment in Jumpstart Infant Enrichment Center.	made available on our website as e advised of any revisions to be aware at all times of any/all
Custodial Parent/ Legal Guardian Name: (please print)	
Signature of Custodial Parent/ Legal Guardian:	
Date:	
Jumpstart Infant Enrichment Center Administration (Please print):	
Signature of Jumpstart Infant Enrichment Center Administration:	

Photo Release Form (to be signed and returned)

Dear Parents:

As we continue to find ways to improve our center, your help and cooperation in our quest is crucial! We would appreciate it if you would allow us to use pictures taken at the center to be displayed on the website, Social Media page(s) or additional advertisments for you and other parents to view. We think this is an awsome opportunity for you to show off what your child is learning with family and friends. The pictures will be routinely changed as different activities take place throughout the year.

0	 Yes, I give permission to Jumpstart Infant Enrichment Center to use pictures taken during activities of child/children for display on either the www.jumpstartinfant.com website, 				
Custod	ial Parent/Legal Guardian Signature:	Date:			
0	No. I <u>DO NOT</u> give permission to Jumpstart Infant Enrichment activities of my child/children for display on either the <u>www.jumpage(s)</u> or additional advertisements.	1			
Custod	lial Parent/Legal Guardian Signature:	Date:			
Thank :	you for your continued support,				
Christ	ina Montoto, Owner				

to answer any questions.

Screening/Assesment Program (to be signed and returned) Consent Form

To improve the quality of service provided to your child, Jumpstart Infant Enrichment Center, is coordinating a Screening and Assessment Program (ASQ #3). This important project involves the efforts of everyone working together to help your child enter school ready to learn.

The screening and assessment process will be similar to the kind of activites your child is involved in on a daily basis. The results of the screening and/or assessment will have no bearing on your child's receipt of services. All data gathered from this program will be kept confidential.

Part of this process will involve, but is not limited to the collection of parent and teacher information, child observation and teacher interviews. Based on the results of the screening and information gathered, the center may refer the family to third party child services (i.e. Florida Department of Children and Families or Citrus Network) for additional services. Researchers and your child's teacher will have access to the data in order to make informed decisions about how best to imporve the quality of services provided to your child. Any activity suggestions to support children identified with potential delays will be communicated to parents.

We look forward to working with you and your child to provide the best possible education.

If you have any questions about the Screening and Assessment process, you can call our center and we will be happy

Date (this form is valid for one year)	My child speaks:
	English
Signature of Custodial Parent/Legal Guardian	Spanish
	Creole
	Other
	Language spoken at home is:

Jumpstart Infant Enrichment Center Review of Policies and Procedures (to be signed and returned)

Child's Name:	
Cinu s ivame.	
Custodial Parent/Legal Guardian Name:	
Staff Member Giving Tour:	
Date of Tour:	
Policies/Procedures:	
Tour Center/Provide Enrollment Information P	ackage
Advised Current Parent Manual available on w	
Tuition/Registration Information /Fees Provide	d (ALL ENROLLMENT FEES ARE NON-REFUNDABLE)
Review Hours of Operation 6:30 am – 6:30 pm	Monday thru Friday
Review Open Door Policy	
Review Late Pick Up Policy/Fee (\$2 per min p	er child)
Review Authorized Emergency Contacts/Emer	
Review Child Daily Attendance Procedure	generation of rener
Review Web-Cam Policy	
Review Discipline Policy/Abuse	
Review Brightwheel/remind.com application	
Review Medication Procedure – Authorization	for Medication Form
Review Daily Nutritional Needs (Weekly Men	
Review Vacation Policy (1 week after one vee	or of continued enrollment NO EXCEPTIONS)
Review Uniform Policy/Dress Code	if of continued enrollment NO EACET FIGUS
Review Personal Supply List (see attached)	
	non-ibility to take home districtly alothor and blowlests to be
	ponsibility to take home dirty clothes and blankets to be
Parent Manual in addition to Administrative	d local regulations, laws and human resources best practices, the Policies/Procedures are subject to change at any time at the ents will be notified of any revisions to policies and procedures
through the Brightwheel/remind.com applica www.jumpstartinfant.com	ation. Any updates/revisions will be uploaded to the website @
www.jumpstartinfant.com	ation. Any updates/revisions will be uploaded to the website @
www.jumpstartinfant.com It is the responsibility of the parent/legal s	
www.jumpstartinfant.com It is the responsibility of the parent/legal semade throughout the duration of child's each by signing below you acknowledge and accept a	ation. Any updates/revisions will be uploaded to the website @
www.jumpstartinfant.com It is the responsibility of the parent/legal semade throughout the duration of child's each signing below you acknowledge and accept a Center Application for Enrollment and Parent Marketing	guardian to be aware at all times of any/all updates/revisions nrollment in Jumpstart Infant Enrichment Center. Il terms and conditions set forth in the Jumpstart Infant Enrichment anual available on website @ www.jumpstartinfant.com
www.jumpstartinfant.com It is the responsibility of the parent/legal semade throughout the duration of child's each signing below you acknowledge and accept a Center Application for Enrollment and Parent Maryes I	guardian to be aware at all times of any/all updates/revisions nrollment in Jumpstart Infant Enrichment Center. Il terms and conditions set forth in the Jumpstart Infant Enrichment
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Www.jumpstartinfant.com It is the responsibility of the parent/legal semade throughout the duration of child's emade throughout throughout the duration of child's emade throughout througho	guardian to be aware at all times of any/all updates/revisions nrollment in Jumpstart Infant Enrichment Center. Il terms and conditions set forth in the Jumpstart Infant Enrichment anual available on website @ www.jumpstartinfant.com have read all information provided and

If further information is needed, please contact the legally responsible party as listed below for additional information:

Christina Montoto – Owner 5777 NW 151 Street Miami Lakes, FL 33014 786.332.3338 Main Office Infant Center 305.826.0555 Main Office Child Center 786.797.0020 Christina, Owner Cellular jumpstartchristi@hotmail.com www.jumpstartinfant.com

www.jumpstartmiamilakes.com

During the 2009 legislative session, a new law was passed that requires child care facilities, family day care homes and large family child care homes provide parents with information detailing the causes, symptoms, and transmission of the influenza virus (the flu) every year during August and September.

My signature below verifies receipt of the brochure on Influenza Virus, The Flu, A Guide to Parents:

Name:	
Child's Name:	
Date Received:	<u> </u>
Signature:	

Please complete and return this portion of the brochure to your child care provider, in order for them to maintain it in their records.



What should I do if my child gets sick? Consult your doctor and make sure your child gets

Consult your doctor and make sure your child gets plenty of rest and drinks a lot of fluids. Never give aspirin or medicine that has aspirin in it to children or teenagers who may have the flu.

CALL OR TAKE YOUR CHILD TO A DOCTOR RIGHT AWAY IF YOUR CHILD:

- Has a high fever or fever that lasts a long time
- Has trouble breathing or breathes fast
- · Has skin that looks blue
- Is not drinking enough
- Seems confused, will not wake up, does not want to be held, or has seizures (uncontrolled shaking)
- Gets better but then worse again
- Has other conditions (like heart or lung disease, diabetes) that get worse



How can I protect my child from the flu?

A flu vaccine is the best way to protect against the flu. Because the flu virus changes year to year, annual vaccination against the flu is recommended. The CDC recommends that all children from the ages of 6 months up to their 19th birthday receive a flu vaccine every fall or winter (children receiving a vaccine for the first time require two doses). You also can protect your child by receiving a flu vaccine yourself.

What can I do to prevent the spread of germs? The main way that the flu spreads is in respiratory

The main way that the flu spreads is in respiratory droplets from coughing and sneezing. This can happen when droplets from a cough or sneeze of an infected person are propelled through the air and infect someone nearby. Though much less frequent, the flu may also spread through indirect contact with contaminated hands and articles soiled with nose and throat secretions. To prevent the spread of germs:

- Wash hands often with soap and water.
- Cover mouth/nose during coughs and sneezes. If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands.
- Limit contact with people who show signs of illness.
- Keep hands away from the face. Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.





When should my child stay home from child care?

A person may be contagious and able to spread the virus from 1 day before showing symptoms to up to 6 days after getting sick. The time frame could be longer in children and in people who don't fight disease well (people with weakened immune systems). When sick, your child should stay at home to rest and to avoid giving the flu to other children and should not return to child care or other group setting until his or her temperature has been normal and has been sign and symptom free for a period of 24 hours.

For additional helpful information about the dangers of the flu and how to protect your child, visit: http://www.cdc.gov/flu/ or http://www.immunizeflorida.org/



Personal Supplies:

- ✓ Crib Size Sheet (2)
- ✓ Blanket (2)
- ✓ Changes of clothing, including socks labeled with child's name (2-3 at all times)
- ✓ Diapers, wipes, & diaper cream
- ✓ Bottles labeled with child's name
- ✓ Sippy cup labeled with child's name
- ✓ Pacifier (2)
- ✓ 2 Photos 1 of child alone & 1 family photo

NOTE:

- ✓ Child <u>MUST</u> have at least 1 complete set of clothing in their cubby at ALL TIMES
- ✓ All bedding is to be taken home every Friday, washed and returned every Monday
- ✓ NO OUTSIDE TOYS or Electronics are permitted in classrooms at ANY TIME